

## REBEKAH DIXON Workshop - Schedule - Saturday, November 2<sup>nd</sup>

POOL SIDE ROOM JOHN RHODES ARENA	
7:45 am - 8:00 am	INTRODUCTION
8:00 am - 9:15 am	SENIOR SKATERS
9:15 am - 10:30 am	INTERMEDIATE SKATERS
10:30 am - 11:30 am	JUNIOR STAR SKATERS
11:30 am - 12:30 pm	LUNCH BREAK
12:30 pm - 1:30 pm	SENIOR SKATERS
1:30 pm - 2:30 pm	INTERMEDIATE SKATERS
2:30 pm - 3:30 pm	PARENTS
3:30 pm - 4:30 pm	COACHES
4:30 pm - 5:00 pm	CLOSING REMARKS

### Notes/Additional Items

Sessions will be held in the Pool Side Room #1

Senior Skaters – Star 5 or higher

Intermediate Skaters – Star 2-4

Junior Star Skaters – Star 1

Skaters to wear running shoes, club jackets and leggings.

Friendly reminder to be on your best behavior in and out of class rooms.

Sessions will start on time, please do not be tardy.

Lunch will not be provided.

Once sessions are completed, skaters are on their own.